

Our 40 Day Journey to the Cross
Saturday, Day 10

Today We Pray to Our Father God
in the Name of Jesus, Who is Our Refuge!

Psalm 62

1 Truly my soul silently *waits* for God;
From Him *comes* my salvation.

2 He only *is* my rock and my salvation; *He is* my defense;
I shall not be greatly moved.

3 How long will you attack a man? You shall be slain, all of
you, Like a leaning wall and a tottering fence.

4 They only consult to cast *him* down from his high position;
They delight in lies; They bless with their mouth, But they
curse inwardly. *Selah*

5 My soul, wait silently for God alone, For my expectation *is*
from Him.

6 He only *is* my rock and my salvation; *He is* my defense; I
shall not be moved.

7 In God *is* my salvation and my glory; The rock of my
strength, *And* my refuge, *is* in God.

8 Trust in Him at all times, you people; Pour out your heart
before Him; God *is* a refuge for us. *Selah*

9 Surely men of low degree *are* a vapor, Men of high degree
are a lie; If they are weighed on the scales, They *are* altogether
lighter than vapor.

10 Do not trust in oppression, Nor vainly hope in robbery; If
riches increase, Do not set *your* heart *on them*.

11 God has spoken once, Twice I have heard this: That power
belongs to God.

12 Also to You, O Lord, *belongs* mercy; For You render to
each one according to his work.

Make Jesus your Refuge

What does the word refuge make you think of? Maybe an imposing building with locks on the doors, maybe a thick-walled fortress, or perhaps something as simple as a canopy to keep you dry in a rainstorm. Whatever picture comes to mind, it can be agreed that a refuge is a safe place. When the Bible describes God as our refuge, it is saying that God is our safe place when we need protection from something.

Knowing God as our refuge enables us to trust Him more freely. We need not fear situations or people who threaten our well-being, whether in a physical or spiritual sense.

There is no situation we will ever face that is out of God's control, so the best place to be, always, is right with Him. "The name of the LORD is a fortified tower; the righteous run to it and are safe" (Proverbs 18:10).

What difficulty are you experiencing? Make the Lord your refuge right now. Let's Pray Now.